



EYFS LONG TERM PLAN: PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year B 2024-2025	Locomotion Walking	Locomotion Gymnastics Moving	Gymnastics Dance High/low Nursery rhymes	Dance Nursery rhymes	Ball skills Feet	Ball Skills Hands

KSI LONG TERM PLAN: PE



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Competition	Hockey	Multi-Skills	Swimming Dodgeball	Netball	Cricket	Athletics Sports Day
Year A 2023-2024	Fundamental movement skills Hand games for understanding	Fundamental movement Ball skills Gymnastics Hands: wide, narrow, curled	Gymnastics Dance Pathway Heroes	Attack and defence Dance Games for understanding explorers	Agility, balance and co-ordination Net and wall Health and wellbeing Rackets, bats and balls	Agility, balance and co-ordination Net and wall Health and wellbeing Rackets, bats and balls
Year B 2024-2025	Locomotion Balls skills Running Feet	Gymnastics Ball Skills Body Parts Feet	Gymnastics Dance Linking Growing	Games Dance Team building water	Locomotion Athletics Jumping team building	Athletics Net and wall Throwing Tennis

KS2 LONG TERM PLAN: PE



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A 2023- 2024	Invasion games Ball skills Hockey Throwing and catching	Swimming Outdoor adventurous Gymnastics Communication & tactics Bridges	Gymnastics Dance Counterbalance and tension Wild animals	Dance Invasion Games Greeks Passing, dribbling, attack and defend	Athletics Striking and fielding Running cricket and rounders	Athletics Net and wall Throwing and jumping Tennis
Year B 2024- 2025	Invasion games Tag rugby Quidditch Netball	Swimming OAA Gymnastics Communication and tactics Maths and Mirror	Gymnastics Dance Symmetry Space	Invasion Games Dance Basketball Football Carnival	Athletics Striking and fielding Throwing and jumping Cricket	Athletics OAA Running and jumping Residential